



CREATIVE ARTS RESEARCH OPPORTUNITY



ARE YOU:

- AGED 13-19
- LIVING WITH A MENTAL HEALTH DIFFICULTY
- TAKING PART IN CREATIVE ARTS ACTIVITY

And interested in taking part in an exciting research project?

What is the project about?

We are interested in **if** and **how** creative activity might support young people living with mental health difficulties.

What will I do if I choose to take part?

There are 2 parts to this project. If you decide to take part you will be asked to complete a journal/diary activity for 3 days over 4 weeks. After that you will attend a face-to-face informal discussion with the researcher.

What do I get for taking part?

Once you have finished both parts of the research you will receive a £20 amazon voucher

If you would like to find out more please contact;

lydia.fell@northorpehall.co.uk



Creative Minds®



University of
HUDDERSFIELD